



Establishing sub-national partnership and using preschool and school feeding as a vehicle to increase whole grain consumption

Experience from Federation of Bosnia and Herzegovina



Basis for wholegrain partnership in Federation of Bosnia and Herzegovina

Government's commitment to improvement of nutrition and overall health of the population of Federation of Bosnia and Herzegovina confirmed in major health sector policies strategies



Basis for Wholegrain partnership

*** WholEUGrain

Action Plan for Prevention and Control of Chronic Non Communicable Diseases of Federation of Bosnia and Herzegovina 2019-2025

- Adoption of legislation on reduction of content of salt and trans fats in food products
- •Improvement of legislation on information for consumer on content and quality of food products
- Surveys on dietary intake and habits
- •Guidelines on healthy nutrition (population, setting)
- ·Campaigns promotion of healthy nutrition



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Wholegrain partnership - activites



· Stakeholders invited to

Wholegrain Stakeholders event

Event attended by:

- public (FSA BH, IPH FBH, MoH FBH)
- private stakholders (bakeries Sprind, Klas, ABA)





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Wholegrain partnership - activites



- · Legal documents related to WG production and distribution reviwed
- List of stakeholders extanded
- **Toolbox translated to Bosnian**
- WholeGrain Summer School attended



Wholgrain parntership - activites



• Meeting of PHI FBH with WholEUGrain project partners DVA and CCIS -**CAFE** - consultation on the next steps in establishing sub-national partnership



Wholegrain partnership - activites

First meeting with stakeholders and WholEUGrain partners

December 2021



Participants:

- Danish Veterinary Agency
- Chamber of Commerce of Slovenia
- Food Safety Agency of Bosnia and Herzegovina
- Chamber of Commerce of F BH
- Association of Cardiologists of F BH
- Association of Consumers of Canton Sarajevo
- Bakery "Ljubača"
- PHI FBH team members





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Wholegrain partnership - activites



- Promotion of WG in pre-school and school environment
- IPA Interreg CBC Project Healthy Eating of Preschool Children HEPSC
- Promotion of healthy nutrition to children parents preschool parents and cooks – healthy wholegrain pantecakes







Wholegrain partnership - activites

Study visit to Denmark, June 2022









Action plan for campaign agreed



Campaign activites

1. Promotion of wholegrain in media



- Three promotional videos presented at TV "N1" for 1 month twice a day
- Project folder at Institute's web page established, events and materials posted https://www.zzjzfbih.ba/projekti/wholeugrain/
- Project and activities presented in number of TV and radio shows



Campaign activites





- 5 promotional leflets, 6 promotional posters, brochure on wholegrains printed,
- Part of materials distributed to preschools and schools at the occasion of celebration of WH sandwich day
- Materials posted on web site, tothems and LCDs



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Camapign activites

2. "Healthy sandwich" day



- Four interactive workshops with children parents prechool and school stuff conducted by Association of Cooks of BH – in cooperation with UNICEF, Federal Ministry of Education and Science and Federeal Ministry of Health
- Two more workshops expected (28. 10. 22)



Camapign activites

2. "Healthy sandwich" day

All workshops covered by media - TV and radio shows





Campaign activities

3. World Food Day – intersectoral dialogue



- To be held on 31. 10. 2022.
- 55 stakeholders invited



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WholEUGrain ZAVOD ZA JAVNO ZDRAVSTVO FBIH INSTITUTE FOR PUBLIC HEALTH FB&H			
	ROUN	TABLE	1
INT	WHOLEGRAI	AND PARTNERSHIP IN PROMOTION OF N CONSUMPTION .10. 2022.	
	PI	ROGRAM	
10.00 - 10.15	Welcoming words	Mr.sc. Similá Skočíbulíc, dr. med., director of public Health Institute of Federation of Bosnia and Herzegovina Danish Veserianay and Food Administration Ministry of Civil Affairs of Bosnia and Herzegovina Institute of Public Health of Republic of Styska	
10.15 - 10.35	Introduction of WholEUGrain project and wholgrain partnership	Dr. sc. Aida Filipović-Hadžiomeragić, dr.med.	
10.35 - 10.55	Health importance and advantages of wholegrain consumption žitarica	Dr. sc. Aida Vilić Švraka, dr.med.	
10.55 - 11.15	Wholgrain products reformulation – best practice examples	Dr. med. Elvedina Žiga	
11.15 - 11.25	Laboratory capacities of Insitute of Public Health of Federation of Bosnia and Herzegovina	Doc. dr. Amir Čaušević	
11.25 - 11.55	Coffee break		
11.55 - 12.15	Promotional wholegrain camapaign in Federation of Bosnia and Herzegovina	Prof. dr. Aida Ramić-Ćatak, dr.med.	_
12.15 - 12.25	Presentation of promotional videos on wholegrains	Senad Dorić	
12.25 - 13.10	Discusion – Producer words, other stakeholders words		
13.10 - 13.20	Conclusions and reccomendations		
13.20 - 14.30	Lunch		





Thank you for your attention!

